

2017/18

Chrysalis Relaxation Centre



129 Mulgrave Road, Cairns

www.chrysalis.net.au

Telephone: (07) 40575584

email: cocoon11@bigpond.com

Mobile: 0400 472273

MONDAYS

10.30-11.30am 2nd Monday each month. Crystal Chakra MEDITATION
Using clear quartz crystal singing bowls. Ph: Renee on 40557172. Cost \$10

5.45-7.15pm YOGA with Lucy Chadwick Dip I.Y.T.A. Ph: 0411 291 957
Cost \$15 - **Restart 15/1/18**

TUESDAYS

9-10.30am YOGA with Marilyn Pratt I.Y.T.A. Enquiries to 4054 2485
or 0423 045 145. Cost \$14 - **Restart 23/1/18**

5.45-7pm YOGA with Helen Rivett Dip. I.Y.T.A. Ph: 40535910.
Cost \$13 - **Restart 16/1/18**

WEDNESDAYS

THURSDAYS

10.30-11.30am MEDITATION with Christine. Beginners welcome. \$5
Ph: 40 575584 or 0400 47 22 73 - **Restart 1/2/18**

1 - 2.30pm YOGA with Marilyn Pratt I.Y.T.A. Enquiries to 40 542485
or 0423 045 145. Cost \$14 - **Restart 25/1/18**

SERVICES available by APPOINTMENT

BODY ALIGNMENT MASSAGE with Nerve/Joint massage specialist Darrin McKenna B.Sc. Ph: 0467 467 222 or visit: www.vmex.xyz

REIKI with Reiki Master Annabel Muis. Ph: 40 938937. Also in Kuranda.

REIKI with Reiki Master Mark Ruge. Ph: 40 938916. Also in Kuranda.

KINESIOLOGY, MASSAGE, VOICE DIALOGUE, CLINICAL HYPNOTHERAPY, STRESS MANAGEMENT, PAST LIFE THERAPY with Personal Therapist PETE HARDING. Dip/MST, Dip CH, MIASK, MATMS, AKA Ph: 0407 456 515.

HYPNOTHERAPY & NATURAL HEALTH with Lorraine Piercy - Ph: 0423 924 484 or 4061 3949. www.naturaltherapycairns.com.

NATURAL HEALING, EMOTIONAL THERAPY, SPIRITUAL GUIDANCE with Christine Scott. PH: 0400 47 22 73.

BOOK EDITING by Christine Scott, Dip of Publishing, Australian College QED. Phone (07) 40 575584 or 0400 47 22 73.